

PAKA PAKA

PLAY THERAPY

At Paka Paka, we use Child- Centered Play Therapy (CCPT), an evidence-based counselling method for Children. Our mission is to provide and create a positive and safe environment for children to use the unique benefit of play to process and explore their thoughts, feelings, and experiences.



Services:

- Play Therapy for ages 2-11
- Family Therapy (we use Theraplay principles)
- Parental support

Referrals:

- Plan and self-managed clients can use their NDIS Funding for both Early Intervention (Under 7s) and Therapy Supports (Over 7s)
- We accept referrals from the Department for Child Protection, Return to Work SA and Insurances.
- Private pay



Benefits:

Become more responsible for behaviors and develop more successful strategies.
Develop new and creative solutions to problems.
Develop respect and acceptance of self and others.
Learn to experience and express emotions.
Cultivate empathy and respect for thoughts and feelings of others.
Learn new social skills and relational skills with family and peers
Develop self-efficacy and thus a better assuredness about their abilities.

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MORE INFORMATION

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